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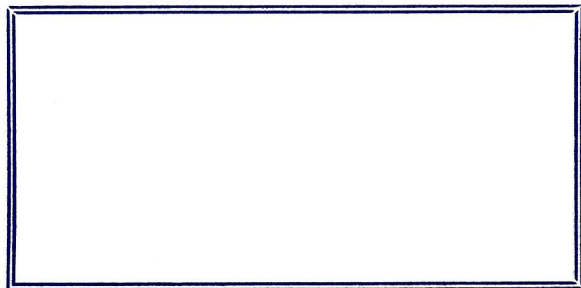
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NATIONAL LIFEGUARD DIRECTORATE

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* * *

NATIONAL LIFEGUARD SERVICE

550 Church Street, Toronto 5,
Canada

J. E. McCUTCHEON, National Secretary



THE NATIONAL LIFEGUARD SERVICE trains and certifies qualified lifeguards, uniformly prepared to produce the best in lifeguard services wherever supervision of swimming is required in Canada. The purpose of the National Lifeguard Service is to create a National Lifeguard certification which establishes, without duplicating the training of agencies in the aquatics field, the highest standard of qualification for lifeguard services.

NATIONAL LIFEGUARD SERVICE

WHAT IS N.L.S.?

N.L.S. is a Canada-wide training and certification program to protect life by developing an approved standard for preparing Lifeguards. In no way does this standard conflict with or duplicate the programs of the founding agencies, but rather complements such training by concentrating on attitudes and skills required of the professional or volunteer lifeguard. By standardizing lifeguard training through N.L.S. all parts of Canada will have access to trained Lifeguards.

WHO IS BEHIND IT?

N.L.S. was founded by the National Council of the Y.M.C.A.'s of Canada, The Royal Life Saving Society Canada, The Canadian Red Cross Society and the Society of Directors of Municipal Recreation of Ontario.

The governing body of N.L.S. is its National Directorate composed of one representative from each of the four founding organizations, together with one representative from each province. The Executive Committee of the Directorate is composed of one representative from each of the four founding organizations and the Chairman of the National Technical Committee. Representatives of other national bodies may, from time to time, be added by vote of a majority of the existing members.

The technical requirements of N.L.S. are under the guidance of the National Technical Committee which is composed of two representatives from each of the four founding organizations, together with

a representative from each province. The Committee keeps the technical aspects under constant review. It develops the materials, course outlines, manuals, and standards of examinations. It establishes the conditions and requirements for appointment of instructors and examiners and certification examinations.

Administration of N.L.S. in each province where the Service is organized is vested in a Provincial Directorate. This Provincial Directorate is composed of representatives of the founding organizations, the appropriate department of provincial government and other agencies concerned with lifeguarding.

WHO IS ELIGIBLE FOR LIFEGUARD CERTIFICATION?

To be eligible the candidate must be 17 years of age or over and possess one of the Award of Merit (R.L.S.S. Canada), Canadian Red Cross Water Safety Instructor Certificate or the Canadian Y.M.C.A. Senior Lifesaver Award, and the Senior Artificial Respiration Award (R.L.S.S. Canada) which must have been earned within two years of the start of the certification course. The candidate must also present a certificate of good health and vision signed by a qualified physician. A Canadian Red Cross Society or St. John Ambulance Association First Aid Certificate, or equivalent, is recommended but not mandatory.

Individuals and groups interested in securing certification or operating a training course should apply to the Provincial Directorate in their province.

THE TRAINING PROGRAMME

The training program for certification as a N.L.S. Lifeguard comprises approximately 30 hours of instruction, consisting of practical sessions in the water and lectures and seminars based on the contents of The Canadian Lifeguard Manual which is the official publication of N.L.S. This training is followed by a practical examination in the water, a theoretical examination, and a personal appraisal by the Examiners and Course Instructors appointed by the Provincial Directorates of N.L.S. Additional items may be added to the training and examination to meet the needs of local situations such as surf lifeguarding.

Certification of a Lifeguard is for two years from the date of qualification subject to renewal by re-qualification training and examination.

COST TO THE CANDIDATE AND FINANCING THE PROGRAMME

N.L.S. was made possible and is being developed through financial grants from the Fitness and Amateur Sport Advisory Council of the Department of National Health and Welfare. To provide for routine administration and the maintenance of a central Registry of Lifeguards, there is a certification and registration fee payable to the Provincial Directorate. In many provinces co-operation and financial aid is being provided for the operation of local Provincial Directorates by their Provincial government.

IS N.L.S. IN YOUR COMMUNITY?

For the protection of swimmers in your community, you need N.L.S. Lifeguards. All persons responsible for swimming areas are urged to contact their N.L.S. Provincial Directorates to arrange for training courses in order to obtain this very necessary protection.

"A LIFE GUARDED MAY BE A LIFE SAVED"